

Physical Fitness Standards

Q1 Contact Information

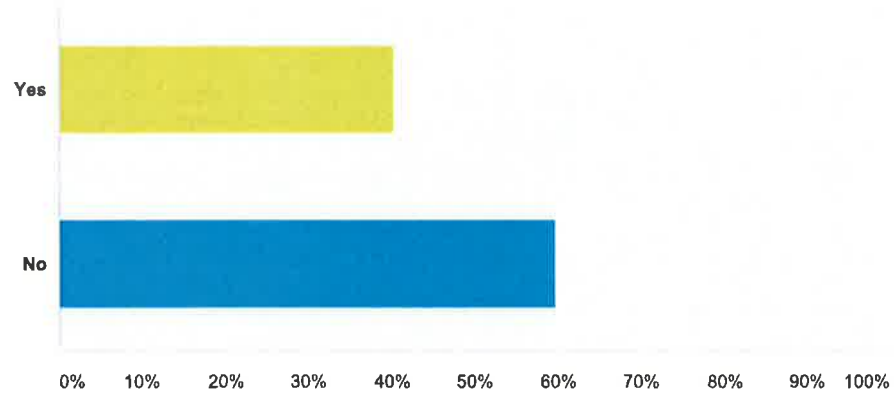
Answered: 222 Skipped: 1

Answer Choices	Responses	
Name	100.00%	222
Agency Name	100.00%	222
Address	0.00%	0
Address 2	0.00%	0
City/Town	0.00%	0
State/Province	0.00%	0
ZIP/Postal Code	0.00%	0
Country	0.00%	0
Email Address	100.00%	222
Phone Number	100.00%	222

Physical Fitness Standards

Q2 Does your department require a physical fitness evaluation for Class 1 officers at the time of hire?

Answered: 223 Skipped: 0



Answer Choices	Responses	
Yes	40.36%	90
No	59.64%	133
Total		223

Physical Fitness Standards

Q3 If yes, what are the criteria/standards?

Answered: 102 Skipped: 121

#	Responses	Date
1	NA	1/5/2016 9:06 AM
2	Academy Standards	12/8/2015 1:00 PM
3	Standardized physical agility test	11/26/2015 7:33 AM
4	SCCJA standards	11/20/2015 4:56 PM
5	SCCJA PAT	11/18/2015 9:21 AM
6	CJA initial Basic standards	11/17/2015 3:46 PM
7	PAT Test	11/17/2015 3:25 PM
8	N/A	11/17/2015 1:02 PM
9	just successfully complete academy PAT test	11/17/2015 7:56 AM
10	ACADEMY COURSE	11/16/2015 11:34 AM
11	SC Criminal Justice Academy Standards	11/16/2015 10:46 AM
12	Must satisfactorily complete PT run and swim prior to hire date.	11/16/2015 10:20 AM
13	Academy approved Physical Ability Test	11/16/2015 8:26 AM
14	Complete the P.A.T. under 2:06	11/16/2015 8:18 AM
15	Timed run with push ups and sit ups. 6 minutes 18 seconds. This is a Pass/Fail	11/15/2015 2:00 PM
16	N/A	11/14/2015 6:49 AM
17	SCCJA PAT TIME	11/13/2015 4:59 PM
18	SCCJA PAT and treadmill stress test	11/13/2015 1:57 PM
19	Medical Clearance (academy standards)	11/13/2015 12:50 PM
20	timed obstacle course based on sccja standards	11/13/2015 10:46 AM
21	Medical exam / Agility test	11/13/2015 9:26 AM
22	PAT course... Same requirements as academy	11/13/2015 9:22 AM
23	1 mile walk/jog, sit ups, push ups. all test has time limits that is set by age	11/13/2015 9:22 AM
24	Limited requirement. Officers must meet/pass SCCJA medical/fitness for training standards.	11/13/2015 9:22 AM
25	Pre-employment Medical Physical	11/13/2015 9:01 AM
26	SCCJA PAT standard	11/13/2015 8:42 AM
27	the standards required to attend the academy	11/13/2015 8:35 AM
28	PAT test	11/13/2015 8:12 AM
29	Run 1 mile in 15 min / attain 25 pushups / situps / swim 100 yards without stopping	11/13/2015 7:44 AM
30	NA	11/13/2015 7:41 AM
31	Mile run, push-ups in a minute, sit-ups in a minute by your age and gender	11/12/2015 10:44 PM
32	P.A.T. under 2:09	11/12/2015 7:18 PM
33	SCCJA Physical Abilities Test Course	11/12/2015 7:15 PM
34	PAT	11/12/2015 6:29 PM
35	Must pass the physical agility course in a specific time.	11/12/2015 6:24 PM

Physical Fitness Standards

36	Working on implementing it	11/12/2015 6:16 PM
37	Same as S.C.C.J.A. requirement.	11/12/2015 5:27 PM
38	Run same PAT course as SCCJA	11/12/2015 4:36 PM
39	Same as the Academy PT Test	11/12/2015 4:33 PM
40	Physical performed by doctor.	11/12/2015 3:41 PM
41	Pass the standard Physical Abilities Test Course as outlined in the SCCJA standards	11/12/2015 3:36 PM
42	n/a	11/12/2015 3:31 PM
43	None	11/12/2015 3:31 PM
44	Bench press, Sit ups, Push Ups, 300 m sprint, 1.5 mile run	11/12/2015 2:50 PM
45	State Constable	11/12/2015 2:41 PM
46	Must complete a physical agility course similar to the SCCJA in 2 min 6 sec	11/12/2015 2:38 PM
47	Just a medical clearance from a doctor.	11/12/2015 2:37 PM
48	Run 200 yards, 20 stair steps, 15 pushups, 15 situps, 20 stair steps, 15 pushups, 15 situps, and run 200 yards in under 6:18	11/12/2015 2:22 PM
49	N/A	11/12/2015 2:06 PM
50	Academy Standards	11/12/2015 1:55 PM
51	Do not know	11/12/2015 1:55 PM
52	PAT	11/12/2015 1:48 PM
53	NA	11/12/2015 1:42 PM
54	Must be able to pass PAT test to SCCJA standard	11/12/2015 1:32 PM
55	300 meter run. 1 1/2 run. standing jump. push ups, sit ups, max. bench press	11/12/2015 1:19 PM
56	SCCJA obstacle course within their set time	11/12/2015 1:18 PM
57	Current SCCJA PAT	11/12/2015 1:16 PM
58	Same as SCCJA	11/12/2015 1:12 PM
59	SCCJA PAT TEST done here with same standard as the SCCJA.	11/12/2015 12:58 PM
60	SCCJA standards for academy attendance.	11/12/2015 12:43 PM
61	We have a basic course that is similar to the SCCJA obstacle course	11/12/2015 12:38 PM
62	The candidate must pass the physical evaluation whenever they are sent for the physical exam at the doctors office	11/12/2015 12:35 PM
63	We use the CJA Obstacle course standards	11/12/2015 12:30 PM
64	Certified by MD only	11/12/2015 12:29 PM
65	Basic requirement by the Academy	11/12/2015 12:10 PM
66	1/2 Mile in 4:40. 40 yard dash in 8.5 seconds.	11/12/2015 12:01 PM
67	Pushing for PAT testing	11/12/2015 11:58 AM
68	NA	11/12/2015 11:52 AM
69	Firefighter challenge course, a timed 1.5 mile run or 3 mile walk, and times depend on age.	11/12/2015 11:50 AM
70	Prior to hiring they must meet SCCJA Fitness Requirements	11/12/2015 11:50 AM
71	N/A	11/12/2015 11:50 AM
72	Academy PAT	11/12/2015 11:43 AM
73	We use SCCJA standards	11/12/2015 11:41 AM
74	Applicants run an obstacle type course similar to the one ran at the Academy. All applicants must run our course in less than 3 minutes 30 seconds.	11/12/2015 11:40 AM

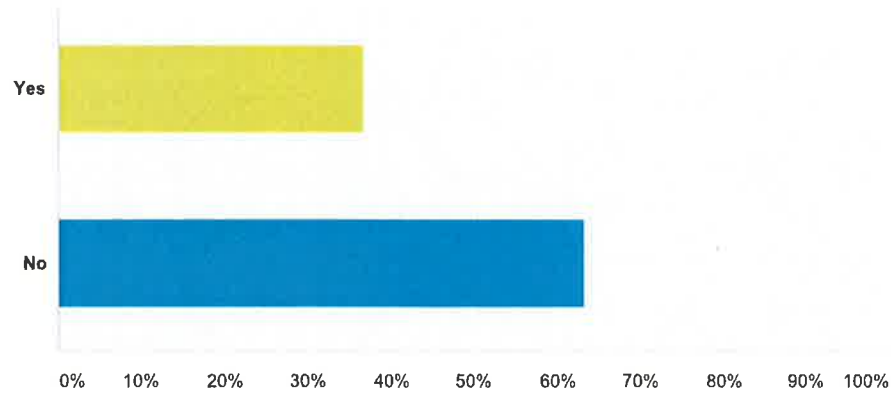
Physical Fitness Standards

75	SCCJA standards	11/12/2015 11:38 AM
76	N/A	11/12/2015 11:34 AM
77	Wildland firefighter pack test- 2 mile walk in 30 minutes carrying 25 lbs pack	11/12/2015 11:33 AM
78	Same test the academy requires.	11/12/2015 11:28 AM
79	AS determined by physician	11/12/2015 11:28 AM
80	SCCJA Standard	11/12/2015 11:28 AM
81	Timed Physical Abilities test	11/12/2015 11:27 AM
82	Information recieved from Physical.	11/12/2015 11:26 AM
83	Academy's PAT Test	11/12/2015 11:23 AM
84	Academy PAT standards	11/12/2015 11:22 AM
85	The SCCJA obstacle course. Under 2:06 standard	11/12/2015 11:22 AM
86	Only required if they are not currently certified. It's the same test run at the academy.	11/12/2015 11:20 AM
87	Candidates physical fitness is evaluated prior to conditional job offers. All candidates are evaluated by age and gender based norms on their performance in the following events: Aerobic Power-1.5 mile run, Muscular Strength- max bench press, Muscular Endurance- 1 Minute Sit-Ups, and Anaerobic Power- 300 Meter Run.	11/12/2015 11:18 AM
88	1.5 miles in 15 minutes VO2 max treadmill test and physical exam	11/12/2015 11:18 AM
89	Doctor asks questions about whether they think they can run 2 miles and do exercises required by academy	11/12/2015 11:17 AM
90	Medical Physical	11/12/2015 11:15 AM
91	PAT, same as the SCCJA along with medical and drug screening	11/12/2015 11:14 AM
92	Cooper Standards	11/12/2015 11:14 AM
93	For certified officers, we only require a medical physical. For uncertified officers, we require both the medical and Physical Agility Test	11/12/2015 11:12 AM
94	Fit for duty (Through Occupational Health)	11/12/2015 11:12 AM
95	Physical Agillities Test in 2:06	11/12/2015 11:11 AM
96	PAT test - SCCJA standard	11/12/2015 11:11 AM
97	Full Physical Cleared by Doctor	11/12/2015 11:10 AM
98	They run a course similar to what is at the Academy.	11/12/2015 11:10 AM
99	Academy standard	11/12/2015 11:09 AM
100	Academy Pact course	11/12/2015 11:01 AM
101	Doctors care evaluation	11/12/2015 10:59 AM
102	PAT Course	11/5/2015 7:52 AM

Physical Fitness Standards

Q4 Once hired, does your department offer physical fitness training in an attempt to prepare the candidate for the Academy?

Answered: 223 Skipped: 0

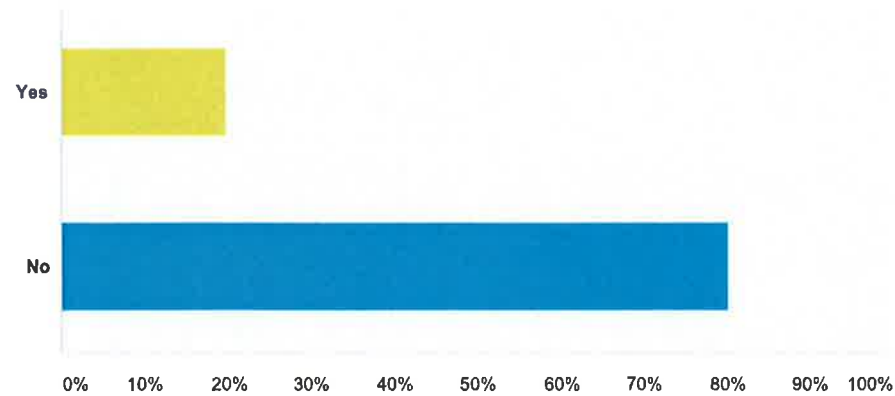


Answer Choices	Responses	
Yes	36.77%	82
No	63.23%	141
Total		223

Physical Fitness Standards

Q5 Does your department have physical fitness standards for current (already certified) Class 1 officers?

Answered: 223 Skipped: 0



Answer Choices	Responses	
Yes	19.73%	44
No	80.27%	179
Total		223

Physical Fitness Standards

Q6 If yes, what are the standards?

Answered: 60 Skipped: 163

#	Responses	Date
1	NA	1/5/2016 9:06 AM
2	N/A	11/17/2015 3:25 PM
3	N/A	11/17/2015 1:02 PM
4	Very generic, ofcrs must be in some level of fit for duty fitness	11/16/2015 10:40 PM
5	Complete the P.A.T. under 2:06 annually	11/16/2015 8:18 AM
6	Must participate in bi annual PT, 5 minutes or under. This is mandatory participation only.	11/15/2015 2:00 PM
7	N/A	11/14/2015 6:49 AM
8	If New Hire Certified, Nothing after working for us	11/13/2015 4:59 PM
9	SCCJA PAT and treadmill stress test	11/13/2015 1:57 PM
10	Must pass our Physical Agility Course once a year	11/13/2015 12:50 PM
11	1 mile walk/jog, sit ups, push ups, all test has time limits that is set by age	11/13/2015 9:22 AM
12	N/A	11/13/2015 9:01 AM
13	Same - Run 1 mile in 15 min / attain 25 pushups / situps / swim 100 yards without stopping	11/13/2015 7:44 AM
14	NA	11/13/2015 7:41 AM
15	Mile run, push-ups and sit-ups in a minute by age and gender	11/12/2015 10:44 PM
16	Pass DOT physical, every two years.	11/12/2015 5:55 PM
17	N/A	11/12/2015 5:27 PM
18	Participation is voluntary in City's Wellness Program	11/12/2015 4:36 PM
19	Same as the Academy PT Test	11/12/2015 4:33 PM
20	N/A	11/12/2015 3:41 PM
21	n/a	11/12/2015 3:31 PM
22	None	11/12/2015 3:31 PM
23	Flip 150 lb tire 4 times, run 500 feet, 15 stair steps, low crawl 12 feet with weapon out, drag 160 lb dummy 40 feet, 15 stair steps, carry 2- 15 lb kettle bells through a set of cones, run 200 yards including high steps through 8 tires, and run 300 feet which includes 12 foot crawl in under 5:00	11/12/2015 2:22 PM
24	N/A	11/12/2015 2:06 PM
25	min standards according to age. Sit-up, push-ups, 1.5 mile run/walk	11/12/2015 1:56 PM
26	Do not know	11/12/2015 1:55 PM
27	1.5 mile run. Push ups and sit ups	11/12/2015 1:48 PM
28	NA	11/12/2015 1:42 PM
29	Obstacle Course	11/12/2015 1:26 PM
30	same as question #3	11/12/2015 1:19 PM
31	annual required participation	11/12/2015 1:18 PM
32	N/A	11/12/2015 1:16 PM
33	Same Course as SCCJA	11/12/2015 1:12 PM
34	Yes, but not for the LE, only because we are FF certified	11/12/2015 12:58 PM

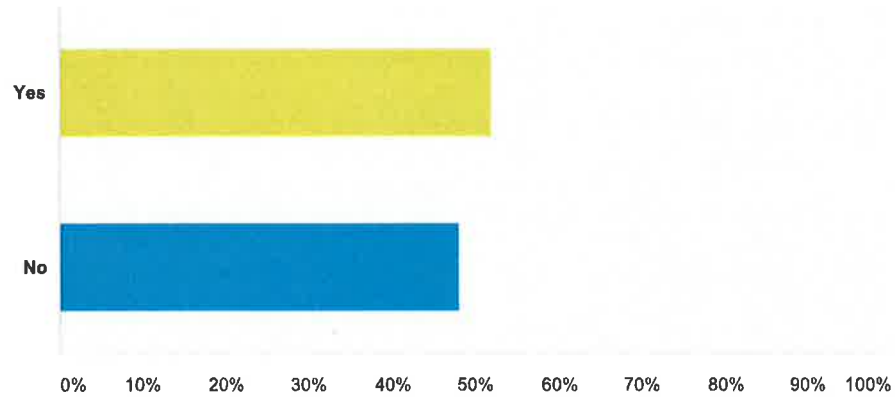
Physical Fitness Standards

35	Must participate in the annual offering of the Obstacle Course	11/12/2015 12:30 PM
36	N/A	11/12/2015 12:29 PM
37	1/2 Mile in 4:40, 40 yard dash in 8.5 seconds which is evaluated annually	11/12/2015 12:01 PM
38	Another topic I am pushing for.	11/12/2015 11:58 AM
39	NA	11/12/2015 11:52 AM
40	Same as for new hires	11/12/2015 11:50 AM
41	They must have a physical every two years and meet fitness requirements for the Firefighting side of their job	11/12/2015 11:50 AM
42	Must be able to preform all functions of the job.	11/12/2015 11:50 AM
43	SCCJA standards	11/12/2015 11:41 AM
44	We currently have two gym facilities and an officer who is certified as a personal trainer. Every year all officers must run the physical agility course, your performance in the course is rewarded in their annual eval which in turn determines what your raise in salary would be.	11/12/2015 11:40 AM
45	obstacle	11/12/2015 11:39 AM
46	N/A	11/12/2015 11:34 AM
47	Just implemented a yearly PT test that consisted of a mile run, sprints, sit ups and push ups	11/12/2015 11:34 AM
48	same as #3	11/12/2015 11:33 AM
49	Same test the academy requires.	11/12/2015 11:28 AM
50	SCCJA Standard	11/12/2015 11:28 AM
51	Yearly, timed physical abilities test	11/12/2015 11:27 AM
52	to maintain a regular work program/training	11/12/2015 11:23 AM
53	Yearly Physical	11/12/2015 11:22 AM
54	Officers can participate in an annual physical fitness assessment. Based on their performance they can earn a monetary incentive based on their age and gender based norms.	11/12/2015 11:18 AM
55	Must pass the PAT annually	11/12/2015 11:14 AM
56	Cooper Standards	11/12/2015 11:14 AM
57	Starting in 2016. Annual PFT (Sit ups, Push ups and 1 mile run/walk adjusted for age	11/12/2015 11:12 AM
58	Physical Agilities Test in 2:06	11/12/2015 11:11 AM
59	Forward movement in PAT course	11/12/2015 11:11 AM
60	PAT Annually	11/5/2015 7:52 AM

Physical Fitness Standards

Q7 After graduating from the Academy, does your department offer assistance in maintaining physical fitness? (ex., gym memberships, etc.)

Answered: 223 Skipped: 0

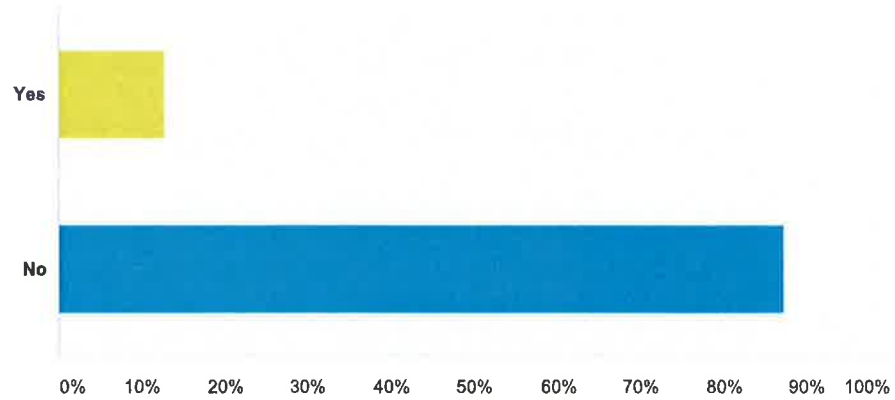


Answer Choices	Responses	
Yes	52.02%	116
No	47.98%	107
Total		223

Physical Fitness Standards

Q8 If your department has physical fitness standards for Class 1 officers, is there a policy/procedure in place that handles those that are noncompliant?

Answered: 164 Skipped: 59



Answer Choices	Responses	
Yes	12.80%	21
No	87.20%	143
Total		164

Physical Fitness Standards

Q9 If an officer is unable to become compliant with physical fitness standards what is the outcome? (ex., loss of pay, demotion, termination)

Answered: 111 Skipped: 112

#	Responses	Date
1	not addressed	1/5/2016 9:06 AM
2	N/A	11/26/2015 7:33 AM
3	No action taken	11/19/2015 7:59 PM
4	N/A	11/19/2015 10:50 AM
5	Fit for duty medical examination. If unable to perform basic duties, put on light duty/al. If not rehabable then let go when leave runs out or workers comp does not attach.	11/17/2015 3:46 PM
6	N/A	11/17/2015 3:25 PM
7	TRY TO GET HIM OR HER SOME HELP BY GET THEM TO JOINT A FITNESS TRAINING (ASAP)	11/17/2015 1:02 PM
8	Attempt to work with Ofcr in getting back in shape with an extreme case of termination as a libality issue	11/16/2015 10:40 PM
9	no known repercussion	11/16/2015 6:20 PM
10	termination	11/16/2015 10:35 AM
11	N/A	11/16/2015 9:39 AM
12	N/A	11/16/2015 8:52 AM
13	Per policy, they will be put on light duty and assigned a trainer. They have two deadlines to become compliant or face termination at the Chief's discretion.	11/16/2015 8:18 AM
14	Once the bi annual PT becomes mandatory Pass/Fail. After remedial training non compliance and lead to termination.	11/15/2015 2:00 PM
15	Currently, our Agency has no physical fitness standards for Class 1 officers. 90% of Department members maintain their own personal fitness in various ways: gym, swimming, bicycling, jogging, etc.	11/14/2015 9:35 AM
16	N/A	11/14/2015 6:49 AM
17	As a new department, we have not yet devised what physical fitness standards we will have but we will have them. I will attempt to partner with local gyms in order to provide access for the officers to maintain their fitness. We will also have policies to govern the standards and noncompliance.	11/13/2015 11:09 PM
18	None.	11/13/2015 6:23 PM
19	Demotion to a security position if available. If not termination.	11/13/2015 4:49 PM
20	None	11/13/2015 1:57 PM
21	Officer not eligible for promotions, longevity pay, or bonuses	11/13/2015 12:50 PM
22	n/a	11/13/2015 10:46 AM
23	N/A	11/13/2015 9:26 AM
24	Unknown	11/13/2015 9:22 AM
25	giving time to complete	11/13/2015 9:22 AM
26	N/A	11/13/2015 9:01 AM
27	none	11/13/2015 8:47 AM
28	sadly our department/office simply cant afford to have a proper physical fitness program.	11/13/2015 8:35 AM
29	We have not been to that waypoint with an officer yet.	11/13/2015 7:44 AM

Physical Fitness Standards

30	NA	11/13/2015 7:41 AM
31	NA	11/13/2015 3:22 AM
32	N/A	11/12/2015 11:30 PM
33	Nothing at this time	11/12/2015 10:44 PM
34	Discretion of the chief	11/12/2015 7:15 PM
35	N/A - A much needed item statewide but impossible to enforce in today's hiring environment.	11/12/2015 6:24 PM
36	Termination if they do not pass the Academy. Otherwise, it is N/A.	11/12/2015 5:27 PM
37	It would be termination.	11/12/2015 4:36 PM
38	1st offense they receive a letter in their file 2nd offense remove off duties employment and take home car 3rd offense termination	11/12/2015 4:33 PM
39	na	11/12/2015 4:26 PM
40	NA	11/12/2015 4:12 PM
41	n/a	11/12/2015 4:07 PM
42	Must pass a doctors physical exam at entry. Otherwise, there is no other standard.	11/12/2015 3:41 PM
43	N/A	11/12/2015 3:36 PM
44	n/a	11/12/2015 3:31 PM
45	N/A	11/12/2015 3:31 PM
46	If he/ she is dismissed from CJA due to inability to complete CJA requirements his/her emoyment is terminated for that reason	11/12/2015 3:26 PM
47	Officers are only required to meet C-1 certification requirements. If they cannot meet and maintain those, termination can result.	11/12/2015 2:37 PM
48	Termination	11/12/2015 2:22 PM
49	N/A	11/12/2015 2:06 PM
50	P.F.T. is in place to encourage fitness and a bonus is given to those who pass. Only requirement is that the Officer attempts to pass.	11/12/2015 1:56 PM
51	Not aware of any situations	11/12/2015 1:55 PM
52	Nothing	11/12/2015 1:48 PM
53	NA	11/12/2015 1:42 PM
54	We encourage our deputies to stay fit. We provide the means for them (Obstacle Course) to stay active and take pride in themselves however, this is not mandatory and nothing will happen if they fail to meet the requirements.	11/12/2015 1:26 PM
55	Nothing	11/12/2015 1:19 PM
56	light duty until able to participate	11/12/2015 1:18 PM
57	N/A	11/12/2015 1:16 PM
58	At the discretion of the Chief	11/12/2015 1:12 PM
59	N/A for certified officers.	11/12/2015 12:43 PM
60	N/A for our agency.	11/12/2015 12:40 PM
61	N/A	11/12/2015 12:39 PM
62	N/A	11/12/2015 12:35 PM
63	Nothing at this time	11/12/2015 12:34 PM
64	We currently do not have a physical fitness program in place. At the present time we only have medical physical	11/12/2015 12:34 PM
65	Sadly, nothing! :(11/12/2015 12:30 PM
66	There are no established standards or policy, but it is each officer's responsibility to maintain an appropriate level of fitness to perform their duty.	11/12/2015 12:29 PM

Physical Fitness Standards

67	N/A	11/12/2015 12:29 PM
68	n/a at this time	11/12/2015 12:24 PM
69	N/A	11/12/2015 12:11 PM
70	N/A	11/12/2015 12:10 PM
71	Immediate loss of pay and termination if standards aren't met in a certian amount of time per policy.	11/12/2015 12:01 PM
72	No, the agency will in courage the officers to take advantage of the gym at Tideland Health Point.	11/12/2015 11:59 AM
73	Not currently in policy	11/12/2015 11:58 AM
74	N/A	11/12/2015 11:56 AM
75	none	11/12/2015 11:53 AM
76	First step is remedial, then retest. Physical fitness standard results does play a role in promotion.	11/12/2015 11:50 AM
77	If they become unfit for duty they are medically retired or terminated...	11/12/2015 11:50 AM
78	No standards at this time. Agency is currently evaluating policies and what abilities the agency has under our human resources department to implement such standards.	11/12/2015 11:50 AM
79	It has never been a issue.	11/12/2015 11:50 AM
80	Does not apply	11/12/2015 11:44 AM
81	Sheriff discretion.	11/12/2015 11:41 AM
82	The outcome under are standards is in the loss of pay under our pay plan and General Orders	11/12/2015 11:40 AM
83	None	11/12/2015 11:39 AM
84	No ribbon	11/12/2015 11:39 AM
85	We currently do not have anything as far as any Fitness Standards.	11/12/2015 11:38 AM
86	No policy	11/12/2015 11:36 AM
87	N/A	11/12/2015 11:34 AM
88	All of the above to include possible termination	11/12/2015 11:34 AM
89	termination	11/12/2015 11:33 AM
90	n/a	11/12/2015 11:29 AM
91	1st failure - written notice from the chief. 2nd - take home car privilege is revoked and you are not allowed to work off duty assignment. 3rd - can be terminated	11/12/2015 11:28 AM
92	Probationary period to comply	11/12/2015 11:28 AM
93	Termination	11/12/2015 11:28 AM
94	Termination following third attempt failure.	11/12/2015 11:27 AM
95	N/A	11/12/2015 11:26 AM
96	We currently have no PT fitness standards	11/12/2015 11:23 AM
97	N/A	11/12/2015 11:23 AM
98	Nothing happens	11/12/2015 11:22 AM
99	Counsel officer	11/12/2015 11:22 AM
100	If the candidate cannot pass the Academy's PAT requirement, we would not offer them a position.	11/12/2015 11:22 AM
101	if they cannot pass the SCCJA qualification for certification - Termination	11/12/2015 11:21 AM
102	We don't have a physical fitness standard for already Certified officers. But we do a City Gym in house.	11/12/2015 11:20 AM
103	Haven't had that to happen with anyone send to the academy.	11/12/2015 11:16 AM
104	Hasn't come up in the past though I think we would try some type of remediation and eventually termination if they couldn't perform their duties.	11/12/2015 11:15 AM
105	Can result in termination. (Due to construction, our PAT Course is down and we are not actively testing personnel)	11/12/2015 11:14 AM

Physical Fitness Standards

106	Assigned a proctor to assist with training and issued a re-examination. If improving but still not passing, will be allowed to keep improving. If no progress is shown, other measures will take place as needed by department director	11/12/2015 11:12 AM
107	N/A	11/12/2015 11:12 AM
108	Unknown at the time - policy is in the writing stage	11/12/2015 11:11 AM
109	I am not aware of any outcome.	11/12/2015 11:10 AM
110	None	11/12/2015 11:01 AM
111	Termination	11/5/2015 7:52 AM